## **School Transition**

# **Conversations to have**



# What can parents and carers do to help when we have chosen a school?

When you have decided upon a secondary school, try the following conversations and activities.

#### How the new school operates:

- Download a campus map and study where things are
- Visit the school on a weekend and walk around (if permitted by the school)
- Practise how to get to school, for example, catch the bus or train together so your child knows the route

## Academic work talking points:

- If something is difficult at primary school, what do you do?
- If something is difficult for the parents and carers, what do you do?

### Workload talking points:

- When you have lots of work at primary school, what do you do? How do you manage it all? Do your friends do anything different?
- When the parent or carer has lots of work, what do you do? How do you manage it? Do you know if other adults do things differently?

#### Social elements talking points:

- How did you make friends at primary school?
- How do friendships change at primary school? (for you or someone else)
- What are some good strategies for when you don't know anyone? What does your parents and carers do when they are in a situation where they don't know anyone?
- What do you do when people act in an unfriendly manner?

### School-life balance talking points:

- What are the sports, hobbies, or other fun things in life that you want to keep doing?
- It's very important that we all have a break from work and schoolwork. How do we make sure we have time for fun?





